

BOWLAND FOOD HALL



Sandwiches

All served with dressed salad.

COLD SANDWICHES

All served open on freshly baked All You Knead bloomers which are available to buy in the shop.

Poached Salmon £10.95
Lemon & dill mayonnaise with rocket leaves

Lancashire Cheese (v) £8.25
Greenfield creamy Lancashire cheese wedges & brandy apple cider chutney

Classic Prawn Cocktail £9.95
Prawns bound in Marie Rose sauce on gem lettuce

Caprese Sandwich (v) (veo) £8.75
Sun-dried tomato, pesto & auricchio mozzarella

Pulled Ham Hock £9.50
Honey mustard glaze & Tracklements Pub Piccalilli

All available gluten free.

BAGELS

Smoked Salmon £9.95
Pickled gherkin & lemon mayonnaise multi seed bagel

Peppered Pastrami £9.95
Mustard mayonnaise, pickled gherkin & Emmental cheese multi seed bagel

Rulo Cabria Crumbled Goats' Cheese & Pickled Beetroot (v) £9.95
Rindless crumbled goats' cheese, rocket leaves & pickled beetroot

WARM SANDWICHES

All served on toasted herb focaccia or freshly baked bloomer and available gluten free.

Moroccan Falafel Burger (gfo)(v) £12.95
Soft chickpeas flavoured with a blend of herbs and spices, Grilled halloumi, garnish & skin on fries

Bowland BLT £10.95
Bowland smoked back bacon, gem lettuce, tomato & wholegrain mustard mayonnaise

Grilled Chicken & Pesto Sandwich £10.95
Basil pesto, rocket leaves & auricchio mozzarella

P.K Foods Onion Bhaji Burger (veo) £12.95
Tomato & Chilli sauce with rocket

Hereford Beef Hot Steak Sandwich £13.95
Chilli jam & rocket leaves

Hereford Steak Burger (gfo) £15.95
Made on our butchers counter served with Tracklements sweet pepper relish, Emmental cheese, garnish & skin on fries

Buddha Bowls

Chef's choice from our amazing selection of salads topped with:

Grilled Chicken £9.95

Cajun Grilled Salmon £9.95

Ortiz Tuna Flakes £9.95

Grilled Halloumi (v) £9.95

Avocado (ve) £9.95
Chilli flakes & lime

Nibbles & Small Plates

Holmes Made Soup (gfo) £6.25
Herb croutons & wedge of bloomer

Port of Lancaster Smoked Salmon (gfo) £10.50
Dressed rocket leaves, lemon & dill mayonnaise, warm toast

Heritage Tomato & Shallot Bruschetta (gfo) (v) £8.50
Basil, olive oil & balsamic glaze on herb focaccia

Black Olive Tapenade (gfo) (veo) £6.25
Hummus, grilled flatbread & sourdough toasts

Warm Quiche of the Day £8.25
Brandy apple cider chutney & salad

Artisan Natures Kitchen Beetroot & Chilli Falafel (veo) (gfo) £7.95
Tracklements chilli jam & rocket leaves

Warmed Ortiz Sardine Fillets (gfo) £9.95
Warmed toast & salad

Chimichurri Steak Kebabs £10.95
Made on our butchers counter served with grilled flatbread, rocket leaves & Tracklements chilli jam

Sides

Skinny Fries (gfo) (ve) £4.50

Cajun Wedges (gfo)(v) £5.50
Tomato relish

Kalamata Olives (gfo)(ve) £4.50

Halloumi Fries (v) £5.95
Tracklements chilli jam

Deli Boards

Perfect for sharing!

Charcuterie Board £19.95
Cured meat charcuterie selection with sundried tomatoes, olives & diforti olive oil crostini

Deli Cheese Board (gfo)(v) £18.95
A selection of locally sourced cheeses with apple, figs, grapes, chutney, piccalilli & peters yard crackers

Fishmonger's Board (gfo) £19.95
Smoked salmon, poached salmon, mini prawn cocktail, pickled fennel & diforti olive oil crostini

Ploughman's Platter £18.50
Lancashire crumbly cheese, Stilton & Tracklements piccalilli, Porter's pork pie, Holmes glazed ham, farmhouse breads, apples & grapes

Vegetarian Mezze Board (v) (gfo) £17.50
Pickled beetroot, black olive tapenade, hummus, figs, marinated vegetables from the Deli & grilled flatbread

Salads

Food Hall Chicken Caesar Salad (gfo) £11.25
Diced pancetta, croutons & Parmesan shavings

Tuna Niçoise £17.95
Green beans, tomatoes, potatoes, pitted olives, boiled egg

Caprese Salad (gfo) £11.25
Heritage, cherry & sun-dried tomatoes with basil oil & torn auricchio mozzarella

Rulo Cabria Goats' Cheese & Beetroot (gfo) £11.25
Endive, lollo rosso, radicchio & oak leaf, balsamic glaze & candied walnuts

Many of our ingredients are available to buy in the Food Hall, please ask your server for more details.

Please inform a member of staff if anyone in your party has a food allergy or intolerance before ordering.

We can then advise you about our ingredients. Please note that as allergenic ingredients, including nuts, are present in our kitchen, we are not able to guarantee that any dish can be made 100% allergen free. Fish dishes may contain bones.

BOWLAND

FOOD HALL

WHITE WINE

175ml / 250ml / Bottle

Moko Black Sauvignon Blanc - New Zealand Marlborough

Fresh & zesty. This is a restrained Sauvignon Blanc with delicate palate & a crunchy citrus finish

£7.95 / £11.15 / £30.50

Novas Gran Reserva Organic Chardonnay, Chile

Pineapple along with honeydew melon, notes of hazelnuts & a touch of vanilla

£7.55 / £10.55 / £28.95

Terrazze Della Luna Trentino Pinot Grigio V.V - Italy

A zesty wine with excellent concentration & depth, the palate delicate yet complex floral notes.

£6.75 / £9.45 / £25.95

Domaine De Vedilhan Serica Viognier, France

Subtle texture & richness, rich stone fruits & lightly tannic herbs shine through

£7.30 / £10.20 / £27.95

Domaine De La Motte Chablis - France

A deliciously precise expression of classic chalky Chablis terroir

£9.75 / £13.65 / £37.50

Cloudy Bay

Intense character of stone fruit, lemongrass and minerality

Bottle £42.50

RED WINE

The Wishbone Shiraz Grenache, Australia

Lovely & ripe, medium to full bodied with juicy plum & raspberry on the palate

£6.75 / £9.45 / £25.95

Pablo Y Walter Malbec, Argentina

A really pure expression of Malbec, bright red & juicy with rich chocolate flavours

£7.05 / £9.85 / £26.95

Boutinot 'Les Coteaux' Côtes Du Rhône Villages - France

A typical Cotes Du Rhone with red berry, brambly fruit underpinned by subtle oaky nuances

£7.45 / £9.85 / £26.95

Les Oliviers Merlot, France

A lusciously fruity red with a rich & satisfying finish

£6.75 / £9.45 / £25.95

Catalina Sounds Pinot Noir, New Zealand Marlborough

Deep garnet red. An enticing mix of red & dark berry fruits, spice & underlying savoury notes

£9.75 / £13.65 / £37.50

125ml is available on request.

ROSÉ

175ml / 250ml / Bottle

Gris de Gris Rosé Sable de Camargue - France

An enchantingly pale, copper coloured rosé - very chic

£6.75 / £9.45 / £25.95

Domaine de La Vieille Tour, Côtes de Provence, France

A perfectly pale pink & elegant Provencal rose

£7.95 / £11.15 / £30.50

Boutinot 'Les Cerisiers' Côtes du Rhone, France

A classic salmon pink rosé with aromas of rosehip syrup, wild berry blossoms & cherries on the nose

£7.45 / £10.40 / £28.50

Pasión de Bobal Rosado - Spain

The most delicious bright, juicy-fruited, vibrant style of rosé

£7.80 / £10.95 / £29.95

Whispering Angel, Côtes de Provence, France

A supremely drinkable rose that will have you pouring "just one more glass" for yourself & your friends

Bottle £42.50

SPARKLING & CHAMPAGNE

Fontessa Prosecco V.V - Italy

Soft and delicate fruit & floral aromas give way to peach notes on the palate

Glass £6.95 / Bottle £32.50

Veuve Clicquot Yellow Label NV - France

Full-bodied, rich & fruity with great elegance & a delightful long finish. A full, dry, rounded Champagne of high quality

Glass £17.00 / Bottle £85.00

Laurent Perrier Cuvee Rose Brut NV Champagne - France

Using only Pinot Noir from grand cru villages & the more unusual soak-on-the-skins method, it has delicious raspberry & redcurrant flavours

Bottle £105.00

BOTTLED BEERS

BOWLAND BREWERY ALES All £3.95

Hen Harrier 4.5% 500ml (gf)

Pheasant Plucker 4.5% 500ml (gf)

Boxer Blonde 4.0% 500ml

Buster IPA 4.5% 500ml

Bumble 4.0% 500ml

Deer Stalker 4.5% 500ml

Bowland Pilsner 4.6% 660ml (gf) £5.50

Bowland Pilsner 4.6% 330ml (gf) £4.50

Peroni 330ml £5.00

Peroni 0% 330ml £4.00

TEA All £3.20

English Breakfast

Decaf English Breakfast

Earl Grey

Green Tea

Peppermint

Lemon & Ginger

COFFEE

SMALL / LRG

Macchiato £2.80 / £3.10

Cappuccino £3.40 / £3.80

Latte £3.40 / £3.80

Americano £3.30 / £3.60

Mocha £3.40 / £3.80

Mocha with Cream £3.60 / £4.00

Hot Chocolate with Cream & Marshmallows £4.00 / £4.40

Espresso £2.80 / £3.10

Espresso Con Panna £3.40

Cortado £3.20

Flat White £3.80

Syrup Shot £1.00

JUICES

Glass £4.50

Served over ice.

Ginger Blast

Apples, carrots, lemon, ginger

Energiser

Beetroot, carrots, apple, orange

Green Machine

Apple, spinach, courgette, lime

SOFT DRINKS

Freshly Squeezed Orange £4.20

San Pellegrino 250ml £3.10

Acqua Panna 250ml £3.10

San Pellegrino can 330ml £3.10

Blood Orange

Lemon

Lemon & Mint

Orange

Coke Btl 330ml £3.40

Diet Coke Btl 330ml £3.40

Fentimans 275ml £3.60

Dandelion & Burdock

Victorian Lemonade

Mandarin & Seville Orange Jigger

Ginger Beer

Rose Lemonade



*Excludes Champagne