

BOWLAND

FOOD HALL



Sandwiches

All served with dressed salad.

COLD SANDWICHES

All served open on freshly baked bloomers which are available gluten free and to buy in the shop.

Poached Salmon £9.95
Lemon & dill mayonnaise with rocket leaves

Lancashire Cheese (v) £8.25
Greenfield creamy Lancashire cheese wedges & brandy apple cider chutney

Classic Prawn Cocktail £9.95
Prawns bound in marie rose sauce on gem lettuce

Caprese Sandwich (v) (veo) £8.75
Sun-dried tomato, pesto rosso & torn mozzarella

BAGELS

Smoked Salmon £8.95
Pickled gherkin & lemon mayonnaise multi seed bagel

Peppered Pastrami £8.25
Mustard mayonnaise, pickled gherkin & cheese multi seed bagel

WARM SANDWICHES

All served on toasted herb focaccia or freshly baked bloomer and available gluten free.

Bowland BLT £10.50
Bowland smoked back bacon, gem lettuce, tomato & wholegrain mustard mayonnaise

Grilled Chicken & Pesto Sandwich £10.95
Basil pesto, rocket leaves & mozzarella

Moroccan Falafel & Halloumi (v) £9.95
Grilled halloumi, chilli jam & rocket leaves

Crumbled Goats Cheese & Pickled Beetroot (v) £9.95
Rindless crumbled goats cheese, rocket leaves & pickled beetroots

Prosciutto Ham £10.25
Pesto rosso, mozzarella, sun-dried tomato & rocket leaves

Hot Steak Sandwich £12.95
Chilli jam & rocket leaves

Buddha Bowls

Chef's choice from our amazing selection of salads topped with:

Grilled Chicken £9.95

Cajun Grilled Salmon £9.95

Grilled Halloumi (v) £9.95

Avocado (ve) £9.95
Chilli flakes & lime

Nibbles & Small Plates

Holmes Made Soup (gfo) £6.25
Herb croutons & wedge of bloomer

Ham Hock Terrine (gfo) £8.95
Piccalilli mayonnaise, dressed rocket & warm toast

Black Olive Tapenade (gfo) £5.25
Hummus & grilled pittas

Bowland Gin Cured Salmon Gravlax (gfo) £8.95
Bowlands own No.1 Gin cured salmon, pickled beetroot, lemon & dill mayonnaise

Warm Quiche of the Day £8.25
Brandy apple cider chutney & salad

Bubble & Squeak Potato Rosti (gfo) £7.50
Olive oil roast vine tomatoes

Teriyaki Glazed Tenderstem Broccoli (veo) £7.50
Chilli flakes & sesame

Warmed Ortiz Sardine Fillets (gfo) £8.95
Warmed toasts & salad

Sides

Skinny Fries (gfo) (ve) £4.50

Cajun Wedges (gfo)(v) £5.50
Tomato relish

Kalamata Olives (gfo)(ve) £4.50

Halloumi Fries (v) £5.95
Tracklements chilli jam

Deli Boards

All £16.95

Charcuterie Board

Cured meat charcuterie selection with sundried tomatoes, torn mozzarella, olives & farmhouse bread

Deli Cheese Board (gfo)(v)

A selection of locally sourced cheeses with apple, figs, grapes, chutney, piccalilli & farmhouse bread

Fishmonger's Board

Smoked salmon, poached salmon, mini prawn cocktail, pickled fennel & farmhouse bread

Ploughman's Platter

Lancashire crumbly cheese, Stilton & Tracklements piccalilli, Porter's pork pie, Holmes glazed ham, farmhouse breads, apples & grapes

Vegetarian Mezze Board (v) (gfo)

Pickled beetroot, black olive tapenade, hummus, figs, marinated vegetables from the Deli & pitta bread

Large Plates

Classic Lancashire Lamb Hot Pot (gfo) £15.95
Potato galette, pickled beetroot & farmhouse bread

Hereford Steak Burger (gfo) £15.95
From our butchers, burger relish, Emmental cheese, garnish & skinny fries

Milanese Chicken (gfo) £16.50
Lemon & herb breaded chicken breast with tenderstem broccoli, caper butter sauce & fries

Lobster & Crayfish Roll £17.25
Lemon & pepper lobster bites on brioche roll, thermador mayo, crispy onions & fries

Red Lentil, Spinach & Curried Cauliflower Dhal (gfo)(veo) £12.65
Naan bread & poppadoms

Please inform a member of staff if anyone in your party has a food allergy or intolerance before ordering. We can then advise you about our ingredients. Please note that as allergenic ingredients, including nuts, are present in our kitchen, we are not able to guarantee that any dish can be made 100% allergen free. Fish dishes may contain bones.

(v) vegetarian (ve) vegan (gf) gluten free (gfo) gluten free option (veo) vegan option available

BOWLAND

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WHITE WINE

175ml / 250ml / Bottle

Moko Black Sauvignon Blanc – New Zealand Marlborough
Fresh & zesty. This is a restrained Sauvignon Blanc with delicate palate & a crunchy citrus finish
£7.55 / £10.55 / £28.95

Novas Gran Reserva Organic Chardonnay, Chile
Pineapple along with honeydew melon, notes of hazelnuts & a touch of vanilla
£7.30 / £10.20 / £27.95

Terrazze Della Luna Trentino Pinot Grigio V.V - Italy
A zesty wine with excellent concentration & depth, the palate delicate yet complex floral notes.
£6.50 / £9.10 / £24.95

Domaine De Vedilhan Serica Viognier, France
Subtle texture & richness, rich stone fruits & lightly tannic herbs shine through
£6.90 / £9.65 / £26.50

Domaine De La Motte Chablis - France
A deliciously precise expression of classic chalky Chablis terroir
£9.35 / £13.10 / £35.95

Cloudy Bay
Intense character of stone fruit, lemongrass and minerality
Bottle **£42.50**

RED WINE

The Wishbone Shiraz Grenache, Australia
Lovely & ripe, medium to full bodied with juicy plum & raspberry on the palate
£6.25 / £8.75 / £23.95

Pablo Y Walter Malbec, Argentina
A really pure expression of Malbec, bright red & juicy with rich chocolate flavours
£6.75 / £9.45 / £25.95

Boutinot ‘Les Coteaux’ Côtes Du Rhône Villages - France
A typical Cotes Du Rhone with red berry, brambly fruit underpinned by subtle oaky nuances
£6.90 / £9.65 / £26.50

Les Oliviers Merlot, France
A lusciously fruity red with a rich & satisfying finish
£6.25 / £8.75 / £23.95

Catalina Sounds Pinot Noir, New Zealand Marlborough
Deep garnet red. An enticing mix of red & dark berry fruits, spice & underlying savoury notes
£9.35 / £13.10 / £35.95

125ml is available on request.



Fancy a bottle?

Choose any off the shelf and add £8 corkage to enjoy here!*

*Excludes Champagne

ROSÉ

175ml / 250ml / Bottle

Gris de Gris Rosé Sable de Camargue - France
An enchantingly pale, copper coloured rosé - very chic
£6.25 / £8.75 / £23.95

Domaine de La Vieille Tour, Côtes de Provence, France
A perfectly pale pink & elegant Provencal rose
£7.80 / £10.95 / £29.95

Boutinot ‘Les Cerisiers’ Côtes du Rhone, France
A classic salmon pink rosé with aromas of rosehip syrup, wild berry blossoms & cherries on the nose
£7.05 / £9.85 / £26.95

Pasión de Bobal Rosado - Spain
The most delicious bright, juicy-fruited, vibrant style of rosé
£7.15 / £10.05 / £27.50

Whispering Angel, Côtes de Provence, France
A supremely drinkable rose that will have you pouring “just one more glass” for yourself & your friends
Bottle **£39.95**

SPARKLING & CHAMPAGNE

Fontessa Prosecco V.V - Italy
Soft and delicate fruit & floral aromas give way to peach notes on the palate
Glass **£6.95 / Bottle £29.95**

Veuve Clicquot Yellow Label NV - France
Full-bodied, rich & fruity with great elegance & a delightful long finish. A full, dry, rounded Champagne of high quality
Glass **£17.00 / Bottle £85.00**

Laurent Perrier Cuvee Rose Brut NV Champagne - France
Using only Pinot Noir from grand cru villages & the more unusual soak-on-the-skins method, it has delicious raspberry & redcurrant flavours
Bottle **£105.00**

BOTTLED BEERS

BOWLAND BREWERY ALES All **£3.75**

Hen Harrier 4.5% 500ml
Pheasant Plucker 4.5% 500ml
Boxer Blonde 4.0% 500ml
Buster IPA 4.5% 500ml
Bumble 4.0% 500ml
Bowland Gold 3.8% 500ml
Deer Stalker 4.5% 500ml

Bowland Pilsner 4.6% 660ml **£5.00**
Peroni 330ml **£4.50**
Peroni 0% 330ml **£3.50**

TEA

All **£2.90**

English Breakfast
Decaf English Breakfast
Earl Grey
Green Tea
Peppermint
Lemon & Ginger

COFFEE

SMALL / LRG

Macchiato **£2.60 / £2.90**
Cappuccino **£3.20 / £3.60**
Latte **£3.20 / £3.60**
Americano **£3.10 / £3.40**
Mocha **£3.20 / £3.60**
Mocha with Cream **£3.40 / £3.80**
Hot Chocolate with Cream & Marshmallows **£3.80 / £4.20**
Espresso **£2.60 / £2.90**
Espresso Con Panna **£3.20**
Cortado **£3.00**
Flat White **£3.60**
Syrup Shot **£0.90**

JUICES

Glass **£4.50**

Served over ice.

Ginger Blast
Apples, carrots, lemon, ginger
Energiser
Beetroot, carrots, apple, orange
Green Machine
Apple, spinach, courgette, lime

SOFT DRINKS

Freshly Squeezed Orange **£3.90**
San Pellegrino 250ml **£2.90**
Acqua Panna 250ml **£2.90**
San Pellegrino can 330ml **£2.90**
Blood Orange
Lemon
Lemon & Mint
Orange
Coke Btl 330ml **£3.25**
Diet Coke Btl 330ml **£3.25**
Fentimans 275ml **£3.50**
Dandelion & Burdock
Victorian Lemonade
Mandarin & Seville Orange Jigger
Ginger Beer
Rose Lemonade